VNA has been providing help for people with home care needs in Douglas County and the surrounding area since 1969.

Visiting Nurses Home Health comprises a variety of services to help you maintain independence in the comfort of your own home. We work with you and your doctor to determine the best treatments while helping promote, maintain and restore your health.

We provide skilled care and a staff of caring professionals who are solely focused on your wellbeing and recovery.
Skilled Nursing

Skilled Nurses provide wound care, infusion therapy, pain management, diabetic and respiratory care, as well as medication management. Nurses also educate both the patient and family about chronic disease symptoms and management.

Respiratory Therapy

Respiratory Therapists provide assessment and care for patients with disorders affecting the cardiopulmonary system. Therapists offer comprehensive treatment and disease management for COPD, emphysema, asthma, pneumonia and other breathing disorders.

Physical Therapy

Physical Therapists provide exercise and teaching to help patients achieve the highest level of mobility and functional abilities to improve quality of life. Treatment of physical impairments and disabilities that interfere with safe mobility is the primary focus. After complete evaluation, PTs provide one-on-one, personalized exercises to promote strength, balance and flexibility, while helping people manage pain.

PT/INR Monitoring

Home Health Nurses provide on-site PT/INR monitoring for patients with clotting disorders who are taking prescribed anticoagulation medication. This in-home testing provides immediate results so abnormalities can be reported immediately to your health care provider, preventing cardiovascular complications.

Occupational Therapy

Occupational Therapists help patients improve their ability to perform tasks in living and working environments. They work with individuals who suffer from mentally, physically, developmentally or emotionally disabling conditions. The Therapist helps patients improve their basic motor functions as well as find ways to compensate for permanent loss of function. The goal is to help patients have independent, productive, satisfying lives.

Speech Therapy

Speech Therapists evaluate and treat voice, speech, language and swallowing disorders, and hearing impairments that affect communication. Therapists help patients regain the ability to produce and understand speech, and facilitate communication skills.

Lymphedema Therapy

Lymphedema Therapists use a gentle application of exercise and massage to encourage lymph drainage and help relieve swelling for patients with pain due to edema.

Medical Social Workers

Social Workers provide emotional support and counseling, as well as assistance with financial matters.

Home Health Aides

HHAs are trained, certified health care workers who provide assistance in the home with personal care (hygiene and exercise) or light household duties (meal preparation and cleaning), and monitoring the patient’s condition.

Dieticians

Certified Dieticians provide nutritional consultations tailored to the patient’s specific illness and dietary health needs.

Bridge Program

The Palliative Care Team bridges Home Health and Hospice with treatment focused on comfort care for patients who desire both curative and palliative care. This transitional program ensures that patients receive the full spectrum of care from the time of diagnosis throughout the course of the illness.

CareLink™

This electronic relay device allows the in-home client to signal for help in an emergency.

TeleHealth

This electronic device monitors vital statistics and weight in the patient’s home. Information is transmitted to our office for review so abnormalities can be reported immediately to your health care provider, allowing earlier intervention.

Who Pays for Home Health Care?

Medicare, Medicaid and most private insurance companies typically pay for Home Health services. Most payors require patients to be homebound for a period of time as defined by Medicare standards.